

LUNCH & DINNER



SMALL BITES

CHICKEN WINGS plain, mild, medium, hot, honey garlic with ranch 15.50

NACHOS FOR ONE cheese, tomatoes, green onions, jalapeños, salsa, sour cream 12
Add taco chicken 4

YAM FRIES OR ONION RINGS served with chipotle mayo 9

VEGETABLE SPRING ROLLS served with plum sauce 13

PORK RIBS Cola-BBQ sauce 13

SPICY JUMBO SHRIMP toast, lemon garlic butter 14

SOUPS & SALADS

DAILY SOUP Cup 4.5 | Bowl 7
Add garlic toast 2

WONTON SOUP handmade pork wontons, Asian vegetables & noodles Cup 9 | Bowl 13
Add sauteed shrimp 8

CAESAR SALAD crisp romaine lettuce, croutons, parmesan, creamy caesar dressing Small 9 | Large 12.5
Add chicken 5 | Add garlic toast 2

SALAD leafy greens, tomatoes, cucumbers, red onions, mushrooms Small 7 | Large 9
Served with your choice of dressing: ranch, thousand Island, Italian vinaigrette, blue cheese

CENTURY SALAD leafy greens, grilled chicken breast, avocados, tomatoes, Swiss cheese, cucumbers, soft boiled egg, dried cranberry, shredded carrots 18
Substitute chicken with sauteed garlic shrimp

Substitute chicken with extra avocados & cashew nuts

SANDWICHES & MORE

Served with fries or daily soup or mixed salad

Substitute caesar or yam fries or onion rings 2
Add gravy 1.5

FRENCH DIP Alberta roast beef, 'au jus' garlic sub bun 16 | Philly style 3.50

CLASSIC CLUBHOUSE smoked turkey, bacon, cheddar, mayo, lettuce, tomatoes 15

CRISPY CHICKEN STRIPS panko breaded strips, served with plum sauce 15

QUESADILLA cheese, tomatoes, red peppers, jalapeños, green onions, sour cream & salsa 14
Add taco chicken 4

CHIPOTLE WRAP chicken breast, sliced boiled egg, avocados, cheese, lettuce, chipotle mayo, flour tortilla 15

BOWLS

GINGER CHICKEN or **BEEF** sweet-chili teriyaki, Asian vegetables, chow mein noodles or jasmine rice 18

LASAGNA homemade meat sauce, melted cheese with garlic toast 17

SHRIMP FETTUCINI crispy bacon, jumbo shrimp, creamy garlic parmesan sauce, garlic toast 20

VEGETARIAN FETTUCINI spinach, mushrooms, green beans, broccoli, zucchini, snow peas, creamy garlic parmesan sauce, garlic toast 16

ASIAN SURF & TURF sautéed beef strips & jumbo prawns, Asian vegetables, jasmine rice, garlic-ginger sauce 19

BURGERS

Served with fries or daily soup or mixed salad

Substitute caesar salad or yam fries or onion rings 2

NEW Substitute any patty with meatless Impossible burger 2 | Lettuce wrap **G**

BACON & CHEDDAR tomatoes, onions, lettuce, pickles, mayo, on a brioche bun 18

CHICKEN BREAST panko breaded, tomatoes, onions, lettuce, pickles, chipotle mayo, on a brioche bun 15

VEE tomatoes, onions, lettuce, pickles, mayo, on a brioche bun 15 | Add cheese 2

MUSHROOM & SWISS tomatoes, onions, lettuce, pickles, mayo, on a brioche bun 17

MAINS

STEAK & FRIES 7 oz Alberta beef striploin, garlic toast 22 | Add sauteed mushrooms 3

NEW YORK STEAK 9 oz Alberta beef striploin, seasonal vegetables, baked potato 28
Add sauteed garlic shrimp 8

SALMON oven roasted, steamed vegetables, jasmine rice, citrus cream sauce (without sauce **G**) 23

PACIFIC COD & CHIPS beer battered cod fillet, fries, coleslaw, tartar sauce One 14 | Two 18

VEAL CUTLET breaded cutlet, seasonal vegetables, mashed potatoes, served with gravy 14.5

HEART SMART CHICKEN Oven roasted chicken breast with rosemary 'au jus', seasonal vegetables, jasmine rice 15
Substitute chicken with sauteed garlic shrimp
Substitute jasmine rice with a baked potato 2