


SMALL BITES

CHICKEN WINGS *plain, mild, medium, hot, honey with ranch*..... 14

 NACHOS FOR ONE *cheese, tomatoes, green onions, jalapeños, salsa, sour cream*.....10
Add taco chicken 3

DRY PORK RIBS *seasoned with lemon pepper spices*.....12

CRISPY CALAMARI & ZUCCHINI *served with tartar sauce & lemon*.....14

 YAM FRIES OR ONION RINGS *served with chipotle mayo*.....8



 VEGETABLE SPRING ROLLS *served with plum sauce*.....11.5

SOUPS & SALADS


DAILY SOUP.....Cup 4 | Bowl 6.5
Add garlic baguette 2

WONTON SOUP *handmade pork wontons, Asian vegetables & noodles*.....Cup 8 | Bowl 12
Add sauteed shrimp 7

CAESAR SALAD *crisp romaine lettuce, croutons, parmesan, creamy caesar dressing*....Small 8 | Large 10
Add chicken 5 | Add garlic baguette 2

 SALAD *leafy greens, tomatoes, cucumbers, red onions, mushrooms*.....Small 6 | Large 8
 **Served with your choice of dressing: ranch, thousand Island, Italian, creamy balsamic.**

CENTURY SALAD *leafy greens, grilled chicken breast, avocados, tomatoes, Swiss cheese, cucumbers, soft boiled egg, dried cranberries*.....16

 **Substitute chicken with sauteed garlic shrimp**
Substitute chicken with extra avocados & cashew nuts


SANDWICHES & MORE

Served with fries or daily soup or mixed salad
Substitute caesar or yam fries or onion rings 2
Add gravy 1.5

FRENCH DIP *Alberta roast beef, 'au jus' garlic sub bun*.....15 | **Philly style 3**

CLASSIC CLUBHOUSE *smoked turkey, bacon, cheddar, mayo, lettuce, tomatoes*.....14.5

CRISPY CHICKEN STRIPS *panko breaded strips, served with plum sauce*.....14

 QUESADILLIA *cheese, tomatoes, red peppers, jalapeños, green onions, sour cream & salsa*.....13
Add taco chicken 3


CHIPOTLE WRAP *chicken breast, sliced boiled egg, avocados, cheese, lettuce, chipotle mayo, flour tortilla* 14

BOWLS

GINGER CHICKEN *sweet-chili teriyaki sauce, Asian vegetables, chow mein noodles or jasmine rice*.....17

GINGER BEEF *sweet-chili teriyaki sauce, Asian vegetables, chow mein noodles or jasmine rice*.....17

SHRIMP FETTUCINI *crispy bacon, jumbo shrimp, creamy garlic parmesan sauce, garlic baguette*.....19

 VEGETARIAN FETTUCINI *spinach, mushrooms, green beans, broccoli, zucchini, snow peas, creamy garlic parmesan sauce, garlic baguette*.....16

ASIAN SURF & TURF *sautéed beef strips & jumbo prawns, Asian vegetables, jasmine rice, garlic-ginger sauce*.....18

BURGERS

Served with fries or daily soup or mixed salad
Substitute caesar salad or yam fries or onion rings 2

BACON & CHEDDAR *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....17

CHICKEN BREAST *panko breaded, tomatoes, onions, lettuce, pickles, chipotle mayo, on a brioche bun*.....14


VEE *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....14
Add cheese 2

MUSHROOM & SWISS *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....16

MAINS


STEAK & FRIES *7 oz Alberta beef striploin, garlic baguette, mix green salad*.....21
Add sauteed mushrooms 2

NEW YORK STEAK *9 oz Alberta beef striploin, seasonal vegetables, baked potato*.....27
Add sauteed garlic shrimp 7

SALMON *oven roasted, steamed vegetables, jasmine rice, citrus cream sauce (without sauce )*.....21

PACIFIC COD & CHIPS *beer battered cod fillet, fries, coleslaw, tartar sauce*.....**One 13 | Two 17**

VEAL CUTLET *breaded cutlet, seasonal vegetables, mashed potatoes, served with gravy*.....14

 HEART SMART CHICKEN *Oven roasted chicken breast, seasonal vegetables, jasmine rice*.....15
Substitute chicken with sauteed garlic shrimp
Substitute jasmine rice with a baked potato 2