


SMALL BITES

CHICKEN WINGS *plain, mild, medium, hot, honey garlic with ranch*.....14.5

 NACHOS FOR ONE *cheese, tomatoes, green onions, jalapeños, salsa, sour cream*.....11
Add taco chicken 3

DRY PORK RIBS *seasoned with lemon pepper spices*.....12

CRISPY CALAMARI & ZUCCHINI *served with tartar sauce & lemon*.....14.5

 YAM FRIES OR ONION RINGS *served with chipotle mayo*.....8



 VEGETABLE SPRING ROLLS *served with plum sauce*.....12

SOUPS & SALADS

DAILY SOUP.....Cup 4 | Bowl 6.5
Add garlic baguette 2

WONTON SOUP *handmade pork wontons, Asian vegetables & noodles*.....Cup 8 | Bowl 12
Add sauteed shrimp 7

CAESAR SALAD *crisp romaine lettuce, croutons, parmesan, creamy caesar dressing*....Small 9 | Large 12
Add chicken 5 | Add garlic baguette 2

 SALAD *leafy greens, tomatoes, cucumbers, red onions, mushrooms*.....Small 7 | Large 9
 **Served with your choice of dressing: ranch, thousand Island, Italian vinaigrette**

CENTURY SALAD *leafy greens, grilled chicken breast, avocados, tomatoes, Swiss cheese, cucumbers, soft boiled egg, dried cranberry*.....18
Substitute chicken with sauteed garlic shrimp

 **Substitute chicken with extra avocados & cashew nuts**


SANDWICHES & MORE

Served with fries or daily soup or mixed salad
Substitute caesar or yam fries or onion rings 2
Add gravy 1.5

FRENCH DIP *Alberta roast beef, 'au jus' garlic sub bun*.....15
Philly style 3

CLASSIC CLUBHOUSE *smoked turkey, bacon, cheddar, mayo, lettuce, tomatoes*.....15

CRISPY CHICKEN STRIPS *panko breaded strips, served with plum sauce*.....15

 QUESADILLA *cheese, tomatoes, red peppers, jalapeños, green onions, sour cream & salsa*.....14
Add taco chicken 3


CHIPOTLE WRAP *chicken breast, sliced boiled egg, avocados, cheese, lettuce, chipotle mayo, flour tortilla* 15

BOWLS

GINGER CHICKEN *sweet-chili teriyaki sauce, Asian vegetables, chow mein noodles or jasmine rice*.....18

GINGER BEEF *sweet-chili teriyaki sauce, Asian vegetables, chow mein noodles or jasmine rice*.....18

SHRIMP FETTUCINI *crispy bacon, jumbo shrimp, creamy garlic parmesan sauce, garlic baguette*.....20

 VEGETARIAN FETTUCINI *spinach, mushrooms, green beans, broccoli, zucchini, snow peas, creamy garlic parmesan sauce, garlic baguette*.....16

ASIAN SURF & TURF *sautéed beef strips & jumbo prawns, Asian vegetables, jasmine rice, garlic-ginger sauce*.....19

BURGERS

Served with fries or daily soup or mixed salad
Substitute caesar salad or yam fries or onion rings 2

BACON & CHEDDAR *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....18

CHICKEN BREAST *panko breaded, tomatoes, onions, lettuce, pickles, chipotle mayo, on a brioche bun*.....15


VEE *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....15
Add cheese 2

MUSHROOM & SWISS *tomatoes, onions, lettuce, pickles, mayo, on a brioche bun*.....17

MAINS


STEAK & FRIES *7 oz Alberta beef striploin, garlic baguette*.....21
Add sauteed mushrooms 2

NEW YORK STEAK *9 oz Alberta beef striploin, seasonal vegetables, baked potato*.....28
Add sauteed garlic shrimp 7

SALMON *oven roasted, steamed vegetables, jasmine rice, citrus cream sauce (without sauce )*.....22

PACIFIC COD & CHIPS *beer battered cod fillet, fries, coleslaw, tartar sauce*.....**One 14 | Two 18**

VEAL CUTLET *breaded cutlet, seasonal vegetables, mashed potatoes, served with gravy*.....14.5

 HEART SMART CHICKEN *Oven roasted chicken breast with rosemary 'au jus', seasonal vegetables, jasmine rice*.....15
Substitute chicken with sauteed garlic shrimp
Substitute jasmine rice with a baked potato 2